

Radiant dentistry from the inside out

Achieving that Radiant Smile

Today the *dazzling radiant smile* is an essential fashion accessory. Youthful and flawless smiles are showing up everywhere!

Cosmetic dentistry offers you more ways to smile with confidence. Cosmetic non-surgical procedures can restore the appearance and function of teeth, which are worn, chipped, discolored, misaligned or just dull in appearance.

Cosmetic dental treatments are faster and financially more affordable than ever before. With modern advancements in dental materials we can achieve natural looking smiles that compliment your coloring and facial symmetry. Some of the most popular cosmetic procedures are:

Teeth whitening- The simplest of cosmetic procedures for brightening and restoring teeth to a more youthful appearance. It is the most common and convenient esthetic treatment, which can be done in the dental office for a quick result or in the convenience of your own home. Teeth whitening is affordable, reliable, and a safe solution that yields excellent results.

Porcelain veneers- Involve the fabrication by a lab of hand sculpted porcelain, which is bonded by the dentist onto the front of the teeth. They can enhance the shade, shape and length of the teeth to achieve a more flattering smile. "Hollywood Smiles" most often are so perfect due to this enhancement.

Bonding- Tooth colored material shaped and contoured by a dentist in 1 visit to enhance the shade and contour of the teeth. Bonding has also replaced silver mercury fillings as a more reliable, cosmetic and health conscious alternative in posterior teeth.

Crowns- "caps". Full coverage restorations made of porcelain for restoring weak or severely broken down teeth, which can improve chewing capability, and esthetics by changing tooth shade, shape, length and close spaces.

These are just a few of the cosmetic dental treatments available today that can restore teeth back to their youthful appearance.

Tooth Talk

Spring 2007

Many patients report that they look and feel 10-15 years younger after having one of these esthetic procedures. In the past, transformations such as these could only be achieved through a cosmetic plastic surgeons office. Now the amazing results achieved when restoring teeth back to their youthful appearance can often eliminate the need for elective plastic surgery. Not only have these restorations contributed to improvements in dental health, but ones general health and well-being. Most importantly newfound self-confidence to SMILE THAT RADIANT SMILE!

Visit our website for before and after pictures of our patients www.minadeo-fox.com

Tips for overcoming Dental Anxiety

A few tips for making your dental visit worry free

- Ask questions- understanding lessens your concerns
- Avoid coffee and teas. They stimulate you and don't relax you
- Eat a protein snack, it will help stabilize your blood sugar and reduce irritability
- Establish a signal like raising your hand to interrupt a procedure. It will make you feel more in control to know you can communicate
- Use headphones. Music can relax you
- Visualize the reward of your wonderful smile!

Congratulations to the no cavity club winners!

December- Christopher Antonelli
January-Quincy Waithe

Tooth Whitening Special back by patient demand... Beginning **March 15th**. We will extend our convenient tooth whitening sessions to our patients at the **special fee of \$173 (reg.\$346)** Seating will be limited, so call now to get the smile you deserve!

Bring in 3 friends or co-workers (new to our practice) and yours is free!